

Giving Gardens – Where to Give

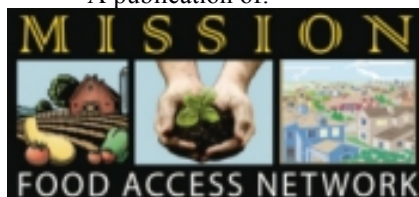


The Mission Food Access Network encourages and supports Mission gardeners in growing extra produce for the local food banks, and meal programs. Giving gardens come in all shapes and sizes – backyard gardens, an extra row in an individual plot, a plot dedicated solely to growing for food programs – but the mission remains the same: to engage volunteers in growing fresh food for families and individuals living on limited incomes.

Gardeners are a valuable community resource, and in Mission we're blessed to have a fruitful growing season and many gardens. By sharing fresh, local and quality produce with food banks and meals programs, gardeners give back to their community and increase access to nutrient-rich foods. Below is a list of Mission food programs that gladly accept fresh produce donations of all sizes, including contact information, and best hours to donate.

Organization	Contact Information	When to Donate	Notes
Mission Friendship Centre	33150A 1st Avenue Mission, BC (604) 826-1281	Best times are Monday to Wednesday 8:30 am to 10:00 am	All types of produce welcome. We can always find a recipe for whatever is brought in!
Mission Community Services Food Bank	32646 Logan Avenue Mission, BC (604) 814-3333	Best times are Monday to Friday 9:00 am to 11:00 am	All types of produce welcome.
St. Joseph's Catholic Church Food Bank	32550 7th Avenue Mission, BC Pager # 604-556-2632	Please drop off on the Wednesday before the 1 st and 3 rd Thursday of each month from 8:00 – 10:00 am	All types of produce welcome.
Hope Central, New Heights Office	33129 North Railway Avenue, Mission, BC (604) 820-4402	Best times are Monday to Saturday 8:00 am to 10:00 am	All types of produce welcome. Carrots, cucumbers, tomatoes salad fixings such as lettuce cucumber and any type of fruit is popular.
Grace Station, Christian Fellowship Centre	32965 Lougheed Hwy, Mission, BC	Best times are Monday to Thursday 10:00 am to 1:00 pm	All types of produce welcome.

A publication of:



Please email: missionfoodaccess@hotmail.com regarding any questions you may have.